

2023

PSYCHOLOGY

(Theory)

Full Marks : 70

Pass Marks : 21

Time : Three hours

All the questions are compulsory.

The figures in the right margin indicate full marks for the questions.

Answer Question nos. 1 – 3 in about 120 words. Each item carries 5 marks.

1. State how Projective technique assess personality ? 5
2. Discuss factors that influence Attitude change. 5
3. How does conflict begins ? State three conflict Resolution strategies. 5
4. *Answer the following questions. Each question carries 3 (three) marks. Answer of each question should be limited to about 50 words.*
 - (i) Distinguish between Emotional Quotient(EQ) and intelligence Quotient(IQ). 3
 - (ii) How does Type Approach differ from Trait Approach ? 3
 - (iii) How does stress affects the Immune System. 3
 - (iv) Mention three factors that contribute healing in Psychotherapy. 3

- (v) What is Cognitive Dissonance? 3
- (vi) State three strategies for reduction of Aggression and Violence. 3
- (vii) Distinguish between Intrapersonal communication and Interpersonal communication. 3
5. *Explain each item in about 30 words. Each item carries 2 marks only.*
- (i) Emotional Intelligence. 2
- (ii) Aptitude. 2
- (iii) Show diagrammatically Psychological meaning of Stress. 2
- (iv) Somatisation Disorder. 2
- (v) Diathesis-stress model. 2
- (vi) Show Diagrammatically Wiener's classification of causal factors. 2
- (vii) The foot-in-the door Technique. 2
- (viii) Frustration – Aggression Theory. 2
- (ix) Instrumental Aggression. 2
- (x) Diagrammatically show Pre-requisites of Counseling process. 2
6. *Answer each of the following in a word or group of words or a sentence each. Each question carries 1 (one) mark.*
- (i) Mention one type of Anxiety. 1
- (ii) State one symptom of Separation Anxiety Disorder(SAD). 1
- (iii) What is Electro-Convulsive Therapy (ECT)? 1
- (iv) State one Alternative Therapy. 1
- (v) Show in figure the Co-operation vs. Competition. 1

- (vi) What is Reciprocity ? 1
- (vii) Mention one reason why people join group ? 1
- (viii) What is culture of Poverty ? 1
- (ix) Show in figure Basic Communication process. 1
- (x) State one characteristic of Effective helper. 1

7. Complete each of the following statements by giving appropriate word for the blank. Each item carries 1 (one) mark only.

- i. _____ is exceptional general ability shown in superior performance in a wide variety of areas. 1
- ii. _____ focuses on the links between the mind, the brain and the immune system. 1
- iii. _____ formulated the Rational Emotive Therapy. 1
- iv. The consistency between current and past pattern of behavior, as well as harmony between verbal and non-verbal communication, is termed as _____ . 1