

## MODEL QUESTION

### HEALTH & PHYSICAL EDUCATION

#### CLASS-XI

#### ASSERTION-REASON TYPE QUESTION (MCQ):

1x2=2 mark

**Q.1** Given below are the two statements labelled Assertion (A) and Reason (R).

**Assertion (A):** Physical education is an elective discipline.

**Reason (R):** Physical education borrows principles from allied fields.

In the context of above two statements, which one of the following is correct ?

- (a) Both (A) and (R) are true and (R) is the correct explanation of (A)
- (b) Both (A) and (R) are true, but (R) is not the correct explanation of (A).
- (c) (A) is true, but (R) is false
- (d) (A) is false, but (R) is true.

**Q.2** Given below are the two statements labelled Assertion (A) and Reason (R).

**Assertion (A):** Nowadays, people have become more health conscious..

**Reason (R):** People want to develop immunity so that they may not fall prey to diseases..

In the context of above two statements, which one of the following is correct ?

- (a) Both (A) and (R) are true and (R) is the correct explanation of (A)
- (b) Both (A) and (R) are true, but (R) is not the correct explanation of (A).
- (c) (A) is true, but (R) is false
- (d) (A) is false, but (R) is true.

#### CASE/SOURCE BASED QUESTION (SA-I):

3x1=3 marks

Q. 3. The topic for school annual sports debate of this year is “Physical Education is the Education for development of wholesome personality of an individual”. While, quite students feel the subject of physical education should be made compulsory, some students think it as a part of the curriculum will be a waste of time. The Principal has selected you to speak in favour of the topic and explain why physical education should be made a compulsory part of the syllabus.

- A. Explain aim and objectives of physical education in brief.
- B. How does physical education enhance social skill?
- C. How does physical education help in improving the personalities of a child?